



Northern Buckeye Conference

Middle School Track and Field Championships

Eastwood High School, Friday, May 11, 2012

4900 Sugar Ridge Road, Pemberville, OH 43450
Phone: 419-833-3611 Fax: 419-833-6014

Meet manager: Richard Morgan, phone: 419-601-1976
email: rmorgan@eastwoodschoools.org

- Teams:** Eastwood, Elmwood, Fostoria, Genoa, Lake, Otsego, Rossford, and Woodmore
- Scratches:** **Please check the program. Make sure everything is correct.** If there are any corrections, changes, scratches, or substitutions, please come to the press box before the coaches' meeting if possible. Once the meet begins, only drops will be accepted.
- Meeting:** There will be a short coaches' meeting at 3:15 in the garage under the press box.
- Prelims:** In the 100/110 M Hurdles, 100 M Dash, and 200 M Dash, the heats have been seeded as evenly as possible based on submitted times, keeping teammates in separate heats. **The top 4 places from each heat will advance to the finals.** In the 200 M Hurdles and 400 M Dash, athletes were placed into two heats, run from slower to faster, based on submitted times. However, anyone can score from either heat.
- Field Events:** There will be four attempts with no finals. Please use your own implements. Make sure you have them weighed in the garage by the pole vault.
- Relays:** As there will be no relay cards, please report changes in runners to the press box, just like any other event. Please use your own batons.
- Zones:** We are asking that coaches help judge exchange zones during the relays. Please report to the exchange zone assigned. Flags will be provided.
400 m relay zone 1: Elmwood, Fostoria
400 m relay zone 2: Genoa, Otsego
400 m relay zone 3: Rossford, Woodmore
800 m relay zone: Eastwood, Lake
- Heights:** We will use the following starting heights: Girls HJ 4'2", Boys HJ 4'8", Girls PV 5', and Boys PV 6'
- Scoring:** We will score 8 places. (10-8-6-5-4-3-2-1)
- Awards:** There will be team trophies for champion and runner-up. Plaques will be given to winners, and ribbons will be given for the next five places. All awards will be available in the press box after the meet.
- Markings:** Tape or chalk (provided) is acceptable to mark the high jump. Please use your own tennis balls to mark relay zones.
- Results:** All results will be posted on baumspace, hopefully before you get home.